

# ALLERGENS

Gluten  
Crustaceans  
Eggs  
Fish  
Milk  
Celery  
Mustard  
Molluscs  
Lupin  
Peanuts  
Sesame Seeds  
Soya  
Nuts  
Sulphur dioxide and sulphite  
No allergens

COUVERT	Mafra Bread	●															
	Butter					●											
	Garlic and Herbs Butter					●											
	Sardine Patê				●			●					●				
	Olives									●							
	Cottage Cheese					●											

SOUPS	Cabbage Soup																X
	Chicken Soup	●		●				●					●				

STARTERS	Beef Croquettes	●	●	●	●	●	●		●				●		●		
	Suckling Pig Rissoles	●		●		●		●			●	●	●	●			
	Salted Cod Cakes	●	●	●	●	●	●		●				●		●		
	Grilled Alentejo Chourizo																X
	Sautéed Beef "Pica-Pau"	●		●		●	●	●				●	●		●		
	Grilled Tuscan Sausage												●				
	Alentejo Black Pork Cured Ham																X
	Garlic Prawns "à Guillo"		●			●	●		●			●			●		
	Nisa Cheese					●											
	Cured Cheese					●											
	Octopus Salad	●	●		●			●	●	●			●		●		
	Salted Cod Salad		●		●			●	●	●			●		●		
Algarve-style Marinated Carrots							●	●				●		●			

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MEAT	Traditional Portuguese Grilled Chicken	●				●	●	●				●			●	
	Turkey Skewer	●				●	●	●				●			●	
	Beef Skewer	●				●	●	●				●			●	
	Traditional Portuguese Steak with Fried Egg	●		●		●	●	●				●	●		●	
	Grilled Iberian Pork Plumas	●				●	●	●				●			●	
	Grilled Iberian Pork Strips	●				●	●	●				●			●	
	Grilled Iberian Pork Ribs	●				●	●	●				●			●	
	Grilled Beef Chop	●				●	●	●				●			●	

SAUCE	Spicy Sauce						●	●				●				
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FISH	Portuguese-style Codfish Gratin	●		●	●	●	●	●				●	●	●		
	Grilled Salted Cod	●		●	●	●	●	●				●	●	●	●	
	Squid and Shrimp Skewer		●		●	●			●						●	
	Grilled Octopus		●		●		●	●	●			●			●	

VEGETARIAN	Vegetables "à Brás" with Egg and fried Potatoes			●			●	●				●			●	
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SIDES	French Fries														●	
	Smashed Potatoes															X
	Garlic Rice					●	●	●				●				
	Tomato, Cucumber and Onion Salad														●	
	Tomato and Onion Salad														●	
	Creamed Spinach	●				●	●	●				●	●			
	Sautéed Vegetables															X

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DESSERTS	Chocolate Mousse			●		●				●		●	●			
	Slice of Puff Pastry Cake	●		●								●				
	Flan Pudding			●		●										
	Caramelized Milk Custard			●		●										
	Portuguese Cream Dessert	●		●		●				●	●	●	●	●		
	Poached Egg White with Custard	●		●		●		●						●		
	Portuguese Biscuit Cake	●		●		●					●	●		●		
	Portuguese Caramel Mousse	●		●		●				●	●	●	●	●		
	Seasonal Fruit															X
	Ice-Cream Cup (2 Flavours)	See different flavours														
	Hazelnut					●						●	●	●		
	Vanilla					●										
	Salted Caramel					●										
	Strawberry Cheesecake	●				●					●	●	●	●	●	
	Chocolate					●							●	●		
	Coconut					●									●	
	Cream					●										
	Cream Dessert	●		●		●		●				●	●		●	
	Conventual Sweet			●		●										
	Portuguese Custard Tart	●		●		●								●	●	
	Pistachio					●						●	●	●		
	"Abade De Priscos" Pudding			●		●									●	
	Ricotta, Walnuts And Pumpkin	●				●					●	●	●	●	●	
	Raspeberry															X
	Lemon															X
	Mango															X
	Passionfruit															X
	Strawberry															X

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SNACKS	Beef Croquettes	●	●	●	●	●	●		●				●		●	
	Suckling Pig Rissoles	●		●		●		●			●	●	●	●		
	Salted Cod Cakes	●	●	●	●	●	●		●				●		●	
	Chicken Sandwich	●				●	●	●				●			●	
	Beef Sandwich	●		●		●	●	●				●	●		●	

COCKTAILS	Amarguinha Sour			●												
	Caipirinha															X
	Mojito															X
	Vodka Sour			●												
	Aperol Spritz													●		
	Margarita															X
	Vodka Mule															X
	Negroni															X
	Old Fashioned															X

SANGRIAS	White														●	
	Red														●	
	Apple Cider														●	
	Sparkling Wine														●	

WINE	White	Please refer to the label on the bottle														
	Red															
	Rose															

GIN	Beefeater																X
	Beefeater 24																X
	Nordés						●	●				●					
	Hendrick's																X
	Monkey 47																X

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DISTILLED SPIRITS	Vodka	Please refer to the label on the bottle													
	Whisky														
	Rum														
	Brandy														
	Liqueurs														
	Fortified														

BEERS AND CIDER	Draught Beer	●																
	Non-alcoholic Beer	●																
	Stout Beer	●																
	Apple Cider																	X

DRINKS	Ice-tea																	X	
	Lemonade																		X
	Mocktail																		X
	Soft Drinks	Please refer to the label on the bottle																	
	Mineral Water																		X
	Sparkling Water																		X
	Schweppes Tonic Water																		X

CAFETERIA	Coffee																		X	
	Decaf																			X
	Latte					●														
	Lemon Rind infusion																		X	
	Tea & Infusions																		X	

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